

Govinda's gourmet restaurant, offering vegetarian dishes prepared by chefs with international reputations and served in a setting of polished marble floors, Venetian silk curtains and Italian rosewood pillars. Prices are modest, from \$6.95 to \$7.95 for dinners featuring Indian or international cuisine. Govinda's Heavenly Cheesecake is \$2.25. California and European wines are served non-alcoholic; coffee is "naturally decaffeinated."

The Fisher Mansion is just across the causeway from Belle Isle, in the middle of the Detroit River. As the river flows from Lake St. Clair to Lake Erie, it becomes a shared waterway as well as the international boundary between Michigan and the Canadian province of Ontario.

With its 1,000 acres so close to the towers of Renaissance Center, Belle Isle is the nation's largest

urban island park. Walking, bicycle and horseback riding trails wind through its trees and gardens. There are waterways for canoeing, nine holes of golf, tennis and handball courts and soccer fields. Deer come out of the forest to pose for photos.

A nature center, conservatory and an aquarium will slow your island walk, but you'll linger longest at the Dossin Great Lakes Museum. It is one of the world's most unusual maritime museums, telling the story of three centuries of navigation on the Great Lakes. The story is told by considering the fresh waters as a time capsule that preserved ships that went to the bottom over the centuries. Hulls, cabins, pieces of cargo such as china and pottery remained intact, to be discovered by divers and tell the story of their time.

If stereotype images of Motor City still linger, a walk around Henry Ford Museum and Greenfield Village, scarcely half an hour from downtown Detroit, will quickly dispel them. It will also broaden whatever your image may be of Henry Ford.

When Ford introduced the "horseless carriage" Quadricycle in 1893 and then his Model T in 1908,

he was well on his way to amassing the enormous fortune that allowed him to indulge his unquenchable passion for collecting.

Twelve-Acre Museum

He had been ridiculed in the press for his statement that "history is bunk," but what he meant was that most history courses taught little of the daily lives of ordinary people. So he began his collection in 1904 to tell of life during 300 years of cultural and technological growth in America.

It takes at least two days to walk through and absorb something of all there is to see in the 240 acres of Greenfield Village and the 12-acre indoor expanse of the Henry Ford Museum. Among the many highlights of the village is the Edison Institute, a cluster of buildings that tells how the work of Thomas

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Edison changed daily life on this planet.

Edison had been a boyhood hero and role model for Henry Ford, and they had known each other for 40 years when the inventor came to Greenfield Village for the dedication of its institute to him on Oct. 21, 1929. Guests that evening included President and Mrs. Herbert Hoover, Madame Eve Curie, John D. Rockefeller Jr., Will Rogers, Orville Wright.

Among nearly 100 buildings and exhibits to stroll through at the village are Luther Burbank's childhood home, the Illinois county courthouse where Abraham Lincoln practiced law, Noah Webster's Connecticut home, the Wright Brothers' home and cycle shop.

In the Henry Ford Museum you can walk by everything from how life was lived in the kitchens of long ago to how people traveled on hundreds of vintage automobiles, trains, aircraft, bicycles and horse-drawn vehicles.

Now shift walking gears again to tour the plants of the Ford Motor Co., Chrysler Corp., American Motors and General Motors.

Where to walk next in this renaissance city? It could be in the changing ambience of Greek Town, Mexican Town, Bricktown or revitalized Rivertown. Then you won't want to bypass historic Ft. Wayne, the University Cultural Center, the cobblestone streets of Old Detroit in the Historical Museum, the New Center's pocket parks and gourmet restaurants or Hart Plaza above the river next to Old Mariner's Church; with its carillon music throughout the day.

For perspective, we crossed the bridge and sat beside the river in a tranquil garden in Windsor, Canada, looking over the water at the changing skyline of Motor City.

For visitor guide materials to Detroit, contact the Metropolitan Detroit Convention and Visitors Bureau, 100 Renaissance Center, Suite 1950, Detroit, Mich. 48243, telephone (313) 259-4333.

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SEP 21 1985

Celebrating Krishna's Birth

India Festival Comes to Utah

By Don Stringham
Tribune Correspondent

SPANISH FORK — The Festival of India set up its colorful wedding tents next to radio station KHQN, one mile south of Spanish Fork recently to celebrate the birth of Shri Krishna, considered the Supreme Lord by 500 million people of the Hindu faith.

Co-sponsored by the Indian community of Utah, the festival started at 6 p.m. and climaxed at midnight, the exact time of the appearance of the Lord Krishna, 5,000 years ago. The annual midnight ceremony is the equivalent of Christmas in the Christian faith.

Under the dozen or so wedding tents at the Spanish Fork festival were gourmet-food booths, entertainment, videos, displays of art, architecture, dance, music and weaponry with all participants in native Indian dress.

Madhuha Dafa, in charge of the festival, explained the significance of color and dress.

"All single men wear orange and live in celibacy like monks. White signifies marriage. The two white lines between the eyes and up on the forehead signifies the present body is temporary. A shaven head with a tail in back signifies the body is a gift from God and not to be abused."

The festival began in San Francisco and will make its way to New York City, with many stops in between. Plans for the festival originated with Prime Minister Rajiv Gandhi's visit to the United States in 1982 and President Reagan formally dedicated the festival on April 18, 1985 to the memory of Indira Gandhi.

Those traveling with the festival have found interest in India and Hinduism has skyrocketed since films such as "Gandhi," "Passage to India," "Jewel in the Crown," and "The Far Pavillions," have been released.

Mr. Madhuha said, "We do 50 festivals a year. This is a small one."

He said this is the first one held in Utah, but the group will return annually now.

"The idea of the whole program is to give people insight into the culture and philosophy of India. Our spiritual message is simple living as the ideal. We want people to establish their relationship with God. There are many different religions but they have ba-

An American, Mr. Madhuha said, chose to worship Shri Khrisna because, "It's like finding a good apple tree to plant. You pick the one with the best and sweetest fruit. I spent 10 years in India studying and seeking the best fruit."

He said of the hundreds of colleges and fairs they have attended always been well received. "Everyone seems to be interested in meditation and that we are vegetarians and will not kill anything."

Grains and vegetables, milk, cheese, butter or oil make up Hindu diet. They refrain from partaking of coffee, tea, alcohol and tobacco. In honor of Krishna's birthday, followers fasted the entire festival day, bringing food to be offered and blessed on the altar and at midnight they feasted.

Hinduism encompasses the every aspect of its members' lives — religious, social, economic, literary and artistic. Lord Krishna is the supreme personality of the Godhead.

Hindus who worship Krishna are told to rise above the limits of the physical world — that life and death are unreal. The best way to gain salvation is through love and devotion to Krishna.

They believe in reincarnation. According to the book, "Coming Back," "If you want to gain real control over your destiny, you must understand reincarnation and how it works. No one wants to die. Reincarnation is not a 'belief system,' a theory or a psychological device for escaping the grim finality of death, but a precise science that explains our past and future lives."

The book also explains, "Originally the living entity is a spiritual being but when he desires to enjoy this material world, he comes down in human form. Gradually, due to his degraded activities, he falls into lower forms of life — into the animal, plant and aquatic forms. By the gradual process of evolution, the living entity again attains the human body and is given another chance to get out of the process of transmigration."

Indulging in intoxication means associating with a mode of ignorance and may result in taking a lower birth in the next life. Also, one should not engage in illicit sex, as in sex outside of marriage or sex not for

SEP 29 1985

Tune Into Detroit's Four-Wheel Image With a Walking Tour

By FRANK RILEY

DETROIT—Let's take a walk with Henry Ford around his city where he put America on four wheels.

Walk with Henry Ford? Why not?

We can also walk with his son, grandson, great-grandson and his fellow auto barons of the past, into the heart of a renaissance that is creating a new Detroit.

We'll tune into Detroit's four-wheel image by taking advantage of four wheels to ride by bus or rental car from one walking area to another. We will even take a restored trolley car through the newest downtown area above the Detroit River. But Henry would approve of footloose and fancy-free explorations of this reborn city.

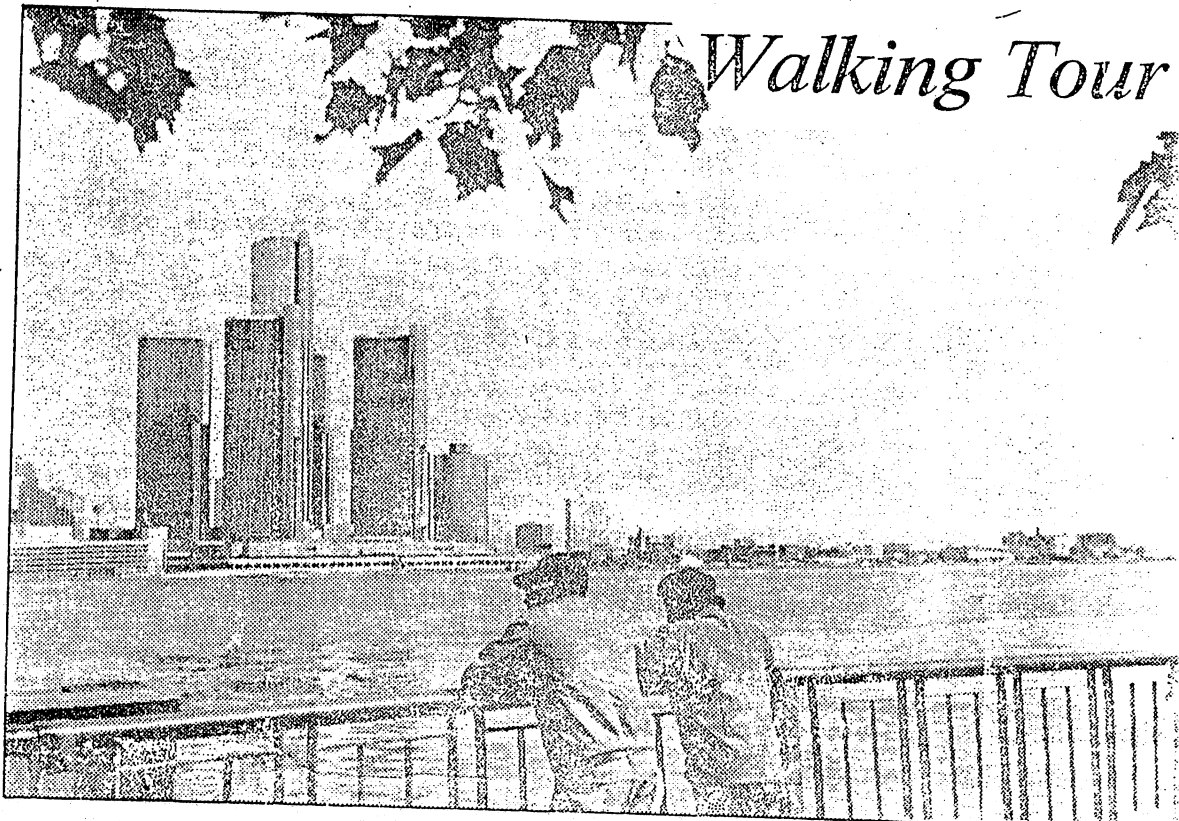
'Memorable Experience'

Michigan's youthful governor, James J. Blanchard, who has led the economic turnaround in Detroit and the entire state these past two years, urges visitors to walk streets that are safe again as part of a "memorable experience" in rediscovery.

Detroit's appropriately named Renaissance Center, dominating the downtown skyline, sets the theme for what is happening here. It was proposed in 1971 by Henry Ford II, then chairman of Ford Motor Co. Fourteen years and hundreds of millions of dollars later, the five glass-enclosed towers, topped by the 1,400-room Westin Hotel and the world's largest revolving restaurant, are undergoing a \$22-million redevelopment that will make it easier to stroll between the shopping and hotel areas.

For a contrast that is more than fantasy, shift from walking around Renaissance Center to a new cultural center on the east side of the city, headed by Alfred Brush Ford, great-grandson of Henry Ford.

This is the Fisher Mansion and



Detroit's Renaissance Center dramatically dominates that city's downtown skyline to

Bhaktivedanta Cultural Center, and it would be hard to find a more intriguing study in contrasts anywhere.

The mansion in the 1920s was the opulent home of Lawrence P. Fisher, founder of the Fisher Body Co. and Cadillac Motors. He spent uncounted millions from his vast fortune on this riverfront estate, importing rare woods, marble work and carvings from around the world. More than 75 ounces of pure gold and silver leaf gleam in the decorative ceilings and moldings. Distinguished visitors could sail their yachts into a tiled boathouse beneath the mansion.

In the early 1970s Alfred Ford was studying art at Tulane University and became acquainted with the Hare Krishna movement. Subsequently he met Bhaktivedanta Swami Prabhupada, spiritual leader of the Krishnas, and became a

disciple. About the same time, Elizabeth Reuther, daughter of the late Walter Reuther, head of the United Auto Workers, also joined the Hare Krishna movement.

Henry Ford and Walter Reuther had once been symbols of the conflict between industry and the rising labor movement. But 10 years ago Alfred Ford and Elizabeth Reuther jointly contributed the financing to buy the Fisher Mansion as the home of the Bhaktivedanta Cultural Center.

They've been spending \$2 million just on renovations to showcase an art and cultural experience that ranges from Indian to European and Art Deco. Four acres of gardens, pools, fountains and roving peacocks around the mansion are an invitation for quiet and reflective strolling.

What was once Lawrence Fisher's grand dining room is the

Riley is travel columnist for Los Angeles magazine and a regular contributor to this section.